

Here is a pumpkin seed. (Glue a dried pumpkin seed here.)

Pumpkins grow on vines.      This is what a vine looks like.

Pumpkins grow flowers first, then little green pumpkins that turn into big orange pumpkins.

(Cut string that matches the one you measured the pumpkin with. Glue here.)

We measured our pumpkin around the middle with a string.

The string was \_\_\_\_\_ blocks long.

We cut our pumpkin open,. It smelled... (child's words here)

We guessed how many seeds were inside. I guessed \_\_\_\_\_

We counted the seeds. There were \_\_\_\_\_ seeds.

We made pumpkin muffins.

These are some of the ingredients

we put in the muffin batter.

(Child draws some ingredients and a finished muffin)

## Pumpkin Muffins

### Ingredients:

- 3 cups of flour
- 1 cup of sugar
- 4 teaspoons of baking powder
- 1 teaspoon of salt
- 1 teaspoon of cinnamon
- 1 teaspoon of nutmeg
- 1 cup of milk
- 1 cup of pumpkin
- ½ cup of margarine
- 2 eggs

2 large mixing bowls, wooden spoon, ice cream scoop, muffin cups.

### **Divide the kids into 3 groups.**

Have one group of children take turns adding some of the dry ingredients to a big bowl. (The bigger the bowl, the less spills when the kids mix the batter.)

Have another group of children take turns mixing the wet ingredients in another big bowl.

Have the third group of children take turns adding the wet ingredients into the dry ingredients.

All kids have a stir. (Forget the correct muffin cooking rules! Everyone needs a turn!)

Each child scoops some batter into his / a muffin cup with an ice cream scoop.

Cook for about 20 minutes at 400 degrees. Enjoy!

