# Making Friends One Day at a Time 

Student Pages \& Instructions



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The theme "Making Friends One Day at a Time" is located in the Social Studies category of www.kindergarten-lessons.com. The student handouts in this publication accompany the posts, Making Friends 1 and Making Friends 2.

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Patterns for tracers (Children can draw their own without tracers if they want to):
Cover tracer
New friend tracer
House tracer
Friends forgive each other tracer
Birthday cake tracer

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## About the Author

Patricia Bentham is an educator in Victoria, BC
Canada. She loves helping teachers inspire children:

- to learn with investigations and inquiry
- to be creative
- to record, value, and communicate their observations and results

She has over twenty years of teaching experience and is the creator and author of KindergartenLessons.com

Patricia is also an artist and teaches illustrated journal classes, helping others capture, through drawing and writing, some of what brings gladness, color, beauty, and laughter into their lives.

See samples of her journals, blog posts and a few tutorials at patriciabentham.com http://www. patriciabentham.com.

Patricia has taught students from Kindergarten to grade 12, as well as teaching adult education Art classes.

She has a Bachelor's Degree in Education from the University of Victoria, has completed certification programs in Print Design, Typography and Website Design, and has completed numerous art and design courses.


Patricia is the author of, "Challenging Children to Investigate with Everyday Things". The ebook provides students with opportunities to develop prob-lem-solving skills, think independently, and increase their vocabularies,

This ebook:

- Shows you how to focus children on investigation, observation, inquiry, and recording their new knowledge
- Contains 39 detailed activities with 50 recording sheets

If you'd like to learn more, visit the shop page on www.kindergarten-lessons.com

## Six Ways to Help Children Make Friends

## Introduction

Starting school and making friends can be challenging for young children. Although all children want friends, many lack the knowledge and skills to make and keep them.

Children need to be equipped with the words to say to enter into play with others, to know how to invite others to play with them, and to be able to settle problems that arise.

## 1. Read "friendship"stories

- Read stories about other children or characters making friends.
- Talk about what the characters in the story say and do to solve their friendship dilemmas and how the children can do the same.


## 2. Role play \& use puppets

- Role play to show facial expressions and words that invite or repel friendship.
- After each short skit, discuss what the person's face looked like and what their voice sounded like. Did the words and facial expressions make the children want to be their friend?
- Children often remember silly skits. Demonstrate puppets being bossy, aggressive and too shy.
- Act out being annoying by poking, asking the same question repeatedly, and grabbing toys.
- Role play ways to encourage friendships as well. Show positive actions such as smiling, sharing and helping.


## 3. Separate children into smaller groups

- Dividing the students into smaller groups can be less overwhelming for some children.
- Say the names of the group members and show the children (not just tell) what you'd like them to do before leaving them to work together.
- If a child seems really shy, match her/him with one child until she/he seems more comfortable.


## 4. Play games to help children learn each

## other's names

- Play games that reinforce learning names. For example, have a small group of children sit in a circle. Call out a name and have the child with the ball roll it to the child whose name you said. Repeat. There are more songs and games to help children make friends in the Socials Studies category of kindergartenlessons.com and in this handout.


## 5. Teach children that friends make mistakes

- Young children change their friends often, depending on what happens each day. If yesterday's friend will not share today, children say they aren't friends anymore.
- They need to learn that all friends make mistakes and often will not agree with them.


## 6. Have students create $a$,"Making Friends

One Day at a Time", book.

- Don't be discouraged if you feel like you are repeating the same friendship concepts over and over throughout the year.
- Your students' abilities to make and keep friends will improve as they mature and as they experience the consequences of making a variety of choices.


Making Friends

## Starting school and making friends can be challenging for young children.

## Although all children want friends, many lack the knowledge and skills to make and keep them.

## General Instructions

## Preparing the handouts

- Photocopy the cover page on to construction paper if possible
- student pages and patterns for tracers.
- Attach groups of each page with paper clips.
- Make 3 or 4 of each tracer from the patterns


## Storing the children's finished pages

- Make a file folder for each child.
- Clearly mark the children's names on the file folders and store them in a sturdy box on a low shelf. Make sure the tops of the files with the children's names are clearly visible.
- After a few days of showing students how to file their finished pages into the backs of their folders, they will be able to file their own.


## Assembling the pages

- When all pages are completed, staple each child's pages into a book.
- Save the empty file folders for the next project.


## Daily Work

- Do the activities every day or once a week, even though the pages are called, Day 1, Day 2. You know your students and how much of this type of activity they are ready for.


## Preparing the student's information for the pages

- Print out a list of your student's names for student handout page 11.
- Create a document with the name, address and birth date of each student for use on other pages. Use a large font.
- Use the address for the house page and the birth date for the birthday page.
- Distribute each set of information to the students after they have completed gluing all the other items on the house or birthday pages.


## A note on encouraging friendships

- A few of the pages require two students to work together in their books.
- Rather than have children work with the same friend for the whole book, have them pick a different student each time, or choose partners for them, so no child is left out.


## Day-by-day Instructions

Day 1 - Booklet Cover

Preparation \& Materials:

- Photocopy the cover page onto different colors of construction paper.
- Tracers - page 12-Cut out the body pieces in different colors. Tip! Stack 5 pages of colored paper together and staple the sides. Draw around the tracers and cut through all layers of paper.
- Put the pieces in separate trays.
- Glue, markers

Procedure:

- Children choose one of each piece and two different arms.
- Children start gluing by placing the head at the top just under the title.
- Students print their name on the cover.


## Day 2 - This is one of my new friends.

Preparation \& Materials:

- Tracers friend pattern - page 13
- Student handout - page 1
- Markers

Procedure:

- Student traces a new friend on his/her page, colors it and then
asks the friend to print her/his name on the page.
- If they prefer, students draw a friend.
- Children add face, hair clothes.


## Day 2 - Sometimes friends visit at my house.

Preparation \& Materials:

- Student "visit at my house" page 2
- House tracers page 14
- Markers, scissors, glue sticks
- Student addresses printed in large font

Procedure:

- Students trace the house onto construction paper, then cut it out.
- Door: Cut the black line of the door and fold the door back so it opens.
- Window: Bend the paper to cut the 2 horizontal black lines for the window, then cut the vertical window line. Fold windows open (teacher may have to help).
- Put glue on the back of the house except for the door and window flaps, which are folded open.
- Stick the house on the page.
- Students glue or print their address(es) on the page.
- Students open the flaps and draw faces inside.
- Many students live in two homes. They want to make two pictures.


## Day 4 - Friends work together

Preparation \& Materials:

- 2 trays of different colored paint, test it first so it's not too drippy
- paper towels
- Student handout, Friends work together page 3

Procedure:

- The student and one of their friends print their names on each other's pages to complete the frame sentence.
- The student and the friend place one hand each in a different color of paint and then press a handprint on their own page and on their friend's page.


## Day 5 - Friends forgive each other.

Preparation \& Materials:

- Student handout page 4 Friends forgive...
- Make emotion tracers from page 15
- TMSticky tack resusable adhesive
- Jumbo dark colored crayons with paper taken off


## Procedure:

- Child chooses emotion tracers and places them under their paper
- Use TMSticky tack reusable adhesive to hold paper steady on the table
- Child uses the side of a fat crayon to
make a rubbing
- Child removes paper and draws eyes and nose
- Child copies emotion words if able


## Day 6 - Friends can share.

Preparation \& Materials:

- Student handout page 5
- Pages with toys and books cut out of old educational catalogues
- Scissors, glue sticks, markers


## Procedure:

- Child cuts pictures of toys or books that they could share
- Children glues the pictures on page and then prints words if able


## Day 7 - Friends can help me celebrate my birthday.

Preparation \& Materials:

- Prepare cake tracers, page 16
- Student birthday page 6
- Half sheets of construction paper
- Strips of colored paper - 3 " $\times 1 / 2^{\prime \prime}$ lengths for candles
- Glue, scissors
- Red, yellow and orange markers for fire

Procedure:

- Students trace then cut out a cake
- Glues the cake near the bottom of the page
- Counts out the same number of
candle as his/her age and glues them on the cake.
- Prints number in the box
- Draws fire on candles
- Decorates cake with craft items

Day 8 - Friends are different in some ways.
Friends are the same in many ways.

Preparation \& Materials:

- Markers
- Student page 7 Friends are diff / same


## Procedure:

- Focus on non physical traits here.
- Child draws one way a friend is different from them in one box.
- Child draws ways a friend is the same as them in the other box.
- Optional - print their friend's name


## Day 9 - Friends help each other.

Preparation \& Materials:

- Student handout page 9
- Different colors of construction paper (cut in 4 for student hand size)
- Markers, scissors
- Optional: mini-band-aides

Procedure:

- Student and a friend choose different colors of paper.
- Students trace 2 hands each and cut them out.
- Each child glues one of their cut out
hands on their own page and the other one on their friend's page.
- Optional: Child sticks a mini bandaid on one hand to represent helping one another or they can draw band-aids.


## Day 10 - Draw a picture to show you can be a good friend.

Preparation \& Materials:

- Student handout page 9
- Markers

Procedures:

- Remind children what they have learned about making friends.
- Record some words on chart with picture, eg. Word, "smile" and happy face, "help", "be kind"...
- Children draw one action they can do, for example, I can smile, I can share, I can forgive my friend, I can be kind or I can help.


## Day 11 - Sometimes friends move away

Preparation \& Materials:

- Student handout page 10
- Activity choice \#1 Markers
- Activity choice \#2 Art activity
- Torn newspaper or magazines
- Glue, paper
- Watercolors

Procedure:

- Talk about what children can do when they feel sad. Make art, listen
to music or stories.
- Activity choice \#1-Children draw a picture of one or more activity they can do when they feel sad.
- Activity choice \#2 - Children make art with a friend.
- Tear paper, glue on
- Wash over with watercolors.
- When dry, glue art in book (or work directly on page.


## Day 12 - These are the names of my new friends.

Preparation \& Materials:

- Student handout page 11
- List of student first names in larger font for gluing on handout
- Glue, markers



## Art helps children express their feelings.

## Blank Pages

I added these if you would like to use them for another aspect of friendship or if your students would like to add more pictures.

Making Friends One Day At A Time

This is one of my new friends.
together to make this picture.



## Cover Puzzle People

Pattern for "This is one of my new friends."


## Pattern for house tracer



Pattern for "Friends forgive each other."


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